

**Cancer cannot take away your Faith.
It cannot shatter your Hope or lessen your Love.
It cannot destroy true Friendship nor invade the Soul.
It cannot take away Eternal Life or conquer your
Spirit.**



From Diagnosis to Survivorship, supportive counselling with a trained cancer therapist can improve health outcomes...

Learn ways to manage and understand the distress in your body, mind & spirit.

Find positive ways to respond to challenging situations.

**Services include:
Individual, Couple & Family counselling**

**** Now accepting registrations for Group counselling. Start date: April 2011. Eight sessions @ \$30/session
For more info: www.sylviarukkila.com**

Dr. Cheryl Noble, Psychologist

Sylvia Rukkila, Registered Marriage and Family Therapist

8A Centre Street, Markham, L3P 2N8

(905) 201-1859

Psychological assessment, child and adolescent counselling, stress management, anxiety, depression, couple counselling, cancer support